

Volume 33, Number 11, issue of Quarter Horse News featured a story written by Bridget Kirkwood Cook entitled "A Head Worth Saving." The article advocates wearing a helmet when riding a horse. A six year study on horse-related deaths from Alberta is cited in the article. Thank you to Katie Tims, editor of Quarter Horse News, for giving Horse Industry Association of Alberta the permission to put the article up on our website! [Click to download the article](#) .