

By Pat Ross

Feel and rhythm is usually something people have or they don't have when it comes to many things but especially with horses. With careful instruction, it can be taught.



Basically, feel is connecting with the horse and knowing what they are doing with their bodies and legs underneath you.

Rhythm is being in sync with the movement of your horse's body when you are riding. This is usually a more advanced stage of riding but can be started at the basic level as well.

Many of you have seen where a rider is performing without reins, like they are dancing with their horses. This is the epitome of rhythm and feel.

What is Feel and Rhythm When Pertaining to Horses

